

Edible Gardening Series with Sarah Bostick and Carol Wyatt-Evens UF/IFAS Extension Sarasota County

Resources from Session 20: Hot Season Veggies

Vegetables to grow in the summer in Florida – types and variety recommendations from UF:

- <https://sfyl.ifas.ufl.edu/lawn-and-garden/summer-vegetables-in-florida/>

Unconvinced about the virtues of okra? Read this:

- <https://www.carolinafarmstewards.org/in-defense-of-okra/>

Field pea growing guide from Clemson University:

- <https://hgic.clemson.edu/factsheet/southern-peas/>

Amaranth greens growing guide for gardeners from Cornell University:

- <http://www.gardening.cornell.edu/homegardening/scenea6a1.html>

UF website dedicated to Seminole pumpkins – history, growing techniques, & links to cooking ideas:

- <https://gardeningolutions.ifas.ufl.edu/plants/edibles/vegetables/seminole-pumpkin.html>

UF website on chayote:

- <https://gardeningolutions.ifas.ufl.edu/plants/edibles/vegetables/chayote.html>

Florida gardening books and planting guides:

- *Vegetable Gardening in Florida* by James Stephens (book)
- *Organic Methods for Vegetable Gardening in Florida* by Stibolt and Contreras (book)
- University of Florida online planting guides. Find the whole list here: <https://gardeningolutions.ifas.ufl.edu/care/planting/vegetable-gardens-by-season.html>
- Florida Vegetable Gardening Guide (11-page UFL publication): <https://edis.ifas.ufl.edu/vh021>
- Grow to Learn School Gardening Guide (112-page UFL, downloadable publication written for school gardens but helpful for all Florida gardeners) <http://sfyl.ifas.ufl.edu/sarasota-docs/hortres/GrowtoLearnSchoolGardeningGuide.pdf>

Feel free to reach out with questions any time!

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