

## Edible Gardening Series with Sarah Bostick and Carol Wyatt-Evens UF/IFAS Extension Sarasota County

### Resources from Session 16: Growing in Pots and Other Containers

#### DIY self-watering containers:

- This is an amazing 112-page resource created for teachers with school gardens in Florida. It is a treasure trove of information about creating and maintaining gardens of all sorts. If you scroll all the way down to page 92 and 93, there is an excellent guide to making your own self-watering container out of a food-grade 5-gallon bucket. This guide also has an excellent chart on page 31 that makes picking the right sized pot a simple process. The guide also contains instructions for making your own potting soil, picking the right fertilizer and more. <http://sfyl.ifas.ufl.edu/sarasota-docs/hortres/GrowtoLearnSchoolGardeningGuide.pdf>
- Here's another guide to making your own: [https://extension.umd.edu/sites/extension.umd.edu/files/docs/locations/frederick\\_county/MG%20Self-Watering%20Bucket%20handout10-12.pdf](https://extension.umd.edu/sites/extension.umd.edu/files/docs/locations/frederick_county/MG%20Self-Watering%20Bucket%20handout10-12.pdf)

#### Fruit crops in containers:

- <https://edis.ifas.ufl.edu/mg243>

#### Plastic containers:

- This is a really helpful guide from Minnesota about the different types of plastics on the market and which should be avoided for food purposes: <https://recycleminnesota.org/wp-content/uploads/2014/08/What-Do-Plastic-Recycling-Symbols-Mean-Fact-Sheet.pdf>
- Very helpful guide from the New Jersey Department of Human Services about all of the different types of plastic on the market and which are known to leach toxins: <https://www.state.nj.us/humanservices/opmrdd/health/bpa.html>

#### Books on container gardening:

- There are *many* books that you can find at your local library, as electronic books, or in print from online and brick-and-mortar book sellers.
  - Some helpful key words to use when searching for books on the topic: “container gardening”, “gardening in pots”, “potted herbs”, “growing in containers”.
  - There are an amazing number of books on the topic that have been published in the last two years! There are also many tried-and-true books that have been the go-to's for home gardeners for many years.

Feel free to reach out with questions any time!

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