



## Up-Coming Events

June 6-8: 4-H Clover Bud  
Summer Day Camp

June 12-15: Cherry Lake 4-H  
Tri-County Day Camp

June 20-22: Inventers 4-H  
Summer Day Camp

June 21: Senior Commodity  
pass out

June 26-29: 4-H Legislature,  
Florida Capitol, Tallahassee

June 27-29: Camp USA Sum-  
mer Day Camp

June 28: Lafayette 4-H Host  
Mayo Rotary Lunch

July 10-13: Build It Camp for  
middle and high school 4-H

July 11-13: Healthy Mind and  
Body 4-H Day Camp

July 26: Senior Commodity  
pass out.

August 10: First day of school  
Lafayette County School Dis-  
trict

Enroll now for  
Strengthening Fami-  
lies Program 10-14  
beginning in August.



## Anglers club wraps up a year of fishing

Shawn Jackson

The Lafayette 4-H Anglers Club wrapped up its' year of meetings with a trip to Glenda Walker's home for an afternoon of fishing. The youth enjoyed catching channel catfish from the pond, giving them another opportunity to learn to safely remove fish with sharp fins from fishing hooks. Wigglers and redworms seemed to be the best bait to use but some anglers were successful using meal worms and an occasional cricket caught escaping the yard. Some used bobbers on their fishing lines for shallow fishing while others chose to fish on the bottom.

The Walkers had contacted the office with concerns of an increasing amount of algae in there stocked pond. Emily Beach, Lafayette County Ag and Natural Resources Agent is working with the Walker family to address their concerns. If you have a pond and have questions about proper care or problems that are occurring, reach out to the extension office at 386-294-1279.



Above: Lafayette 4-H Anglers enjoying a day of fishing at the Walker Family Pond.

# Container Gardening

Emily Beach

No matter if you want beautiful blooms or fresh vegetables, container gardening is always a great option! For producing fresh veggies, if you don't want a garden due to limited space or just desiring to have small amounts produced a container is the perfect option. Vegetables like peppers, tomatoes, eggplant, lettuces, and cucumbers as well as just about any herb all grow well in large containers. The great thing is that you can use a variety of containers from decorative pots to simple buckets for this type of project.

For adding ornamentals to your space, containers allow for plants to be higher than ground level and can be switched out for changing trends or seasons. No matter what the size of the container is, there are a few tried and tested pointers for those wanting to give it a try:

1. Be sure that your container has at least one larger hole or several smaller holes for drainage. You can also place a layer of rock or gravel at the bottom of your container to encourage drainage.
2. Fill the container with potting soil.
3. Make a decision if the container will be placed in full sun, part sun or in a shaded area. This will make all the difference in the plants you put in the container!
4. Decide if there will be a "front view" of the container or if it will be viewed from all angles as this will determine where your anchor plant goes. If there will be a front, then the anchor plant should be in the back center but if it will be viewed from all angles, then the anchor plant should go directly in the middle of the pot.
5. Choose one or two parts of the container that are perennials like grasses, woody stemmed ornamentals, or creeping plants. This will serve as the portion of the plant that doesn't have to be changed out with the seasons and will be the established part of your container.
6. Choose an anchor plant. This should be something that will grow taller than everything else in the pot and serve as the focal point (Using a grass or woody ornamental could be used as your anchor plant).
7. Choose a mounding plant in several places around the container.
8. Use a weeping or trailing plant that will offer some foliage below the pots edge.
9. Use any space that needs filling with annuals of varying heights to offer dimension to your container. Remember that your plants will grow so you want to leave enough space for growth but not too much so there is void space in your container.

In general, choose a color scheme that you want to use and choose plants and flowers that compliment each other but offer some drama to the situation. Another way to add to containers is to use a variety of shapes in terms of leaves and plants. The great thing about container gardening is there are no "rules" so you have the ability to make it what you want and additionally- it isn't permanent so if you don't like something, you can just switch it out with something different! Happy gardening!

# Parent Focus Groups Needed

**Who:** Parents of 9 to 12-year-olds    **What:** 60-90 minutes    **Study:IRB202202227**

The University of Florida is looking for parents to share feedback on educational materials about a vaccine that protects against 6 types of cancers and flyers promoting upcoming vaccine clinics. This research study is led by Dr. Stephanie Staras at the University of Florida. If you are willing to participate in this research study, you will be invited to participate in a parent group discussion with other parents to share your opinions. If you would like to participate or would like more information about the study, please contact Lori Wiggins at [lwiggins@ufl.edu](mailto:lwiggins@ufl.edu), phone 850-838-3508, or Marta Hansen, study team member, at 352-627-9075 or [m.hansen1@ufl.edu](mailto:m.hansen1@ufl.edu). You will receive \$60 for participating in the group discussion.

UF UNIVERSITY OF FLORIDA    Study ID: IRB202202227    Date Approved: 3/30/2023    UF IRB202202227 Approved 10/26/23

## Are you a PARENT?

The University of Florida is looking for parents to share feedback on educational materials about a vaccine that protects against 6 types of cancer.

- ✓ For parents of 9- to 12-year-olds
- ✓ Give feedback on brief educational messages and flyers promoting upcoming vaccine clinics
- ✓ Participate in a 60-90 minute focus group discussion with 3-7 other parents
- ✓ Participate online or in a community location
- ✓ Receive \$60

Learn more & sign up:    352-627-9075  
m.hansen1@ufl.edu  
<https://go.ufl.edu/rip2ou6>

This research study is conducted by the University of Florida and sponsored by the National Institutes of Health. Dr. Stephanie Staras, Department of Health Outcomes and Biomedical Informatics, is the principal investigator (IRB202202227)

## AUTISM AWARENESS RESOURCE FAIR

WEDNESDAY, JUNE 21ST  
1-5 PM  
Lafayette County Public Library  
120 NE Crawford St Mayo, FL 32066

At this fair families can connect with organizations that provide services and resources for neurodiverse individuals

Call 386-294-1021 for more information

IFAS Extension is an equal opportunity Institution. We encourage all races, religions and ethnicities to attend our summer programs. There are scholarships available for minority and underprivileged children. Please contact our office for more information.

## Like us on Facebook

For daily updates on local IFAS, 4-H News and events, visit and “like” our FB Page UF IFAS Extension Lafayette County 4-H.

# Ag Agent Gives Lessons to 5th Graders

Emily Beach

5<sup>th</sup> graders across the state of Florida are required to sit for a test at the end of the year to demonstrate the information that they have gained in Science during their elementary years. Mrs. Kim Edwards teaches 5<sup>th</sup> grade Science this year at LES and she asked if the Ag Agent could deepen knowledge about soil erosion and weathering by teaching it from an agricultural perspective. During the lesson, the students were able to participate in an activity in which they shook sidewalk chalk in a



jar to watch weathering take place then when the jar was opened, erosion happened. The rest of the lesson allowed students to learn the difference between erosion and weathering and the effects of both to and from agriculture. It was a fun day of learning!



**Remember to start preparing for hurricane season now by checking trees on your property for damaged or weak branches!**



**We can help YOU take CONTROL of your diabetes!**

### Program Goals Include:

- Enhance and maintain your quality of life
- Prevent complications
- Learn mindful choices for proper nutrition
- Enhance physical activity
- Strengthen personal support systems
- Foster relationships with healthcare providers

### Department of Health

140 South West Virginia Circle  
Mayo, Florida

Dates: 6/20, 6/22, 6/27, 6/29  
7/6, 7/11, 7/13, 7/18

\*No class on July 4th

Day: Tuesdays and Thursdays

Time: 1:15 PM - 3:15 PM

***This is a FREE 8 week workshop.***

**Registration is Required**

Please Contact:

**Beverley Fountain**

Phone: 386-362-2708 or email at [beverley.fountain@flhealth.gov](mailto:beverley.fountain@flhealth.gov)



# Agriculture and Weather Report

Emily Beach

May provided some areas of the county with some rainfall, but not all. This has been favorable weather for crop growth and this is evidenced by the acres of fields we see planted as well as fruitful gardens all over the county. The unusually cooler temperatures we have experienced may be the cause of some stunted plant growth but it should be a considerable notice for production.

For planting new crops, herbs such as basil, Mexican tarragon, and rosemary grow well in the heat that is coming and vegetables like okra, peas, and sweet potatoes should be planted this month. For the landscape, June is the perfect month to plant palms and lightly prune summer flowering shrubs. Keep a watch for insects and diseases in the lawn as this weather is favorable for those issues to arise.

This is a season of seeing many slow-moving vehicles on the road. Please be patient and considerate of the fact that our farmers are working very hard under some trying circumstances and the last thing they want to do is upset someone by slowing them down-but they have places to get to as well. I'm sure you have seen many buses full of watermelons, tractors for planting, and spray rigs for keeping those crops healthy. They all have an important purpose in the production of our food and grains and do not want to be the cause of an accident on the road. Just use caution by keeping a safe distance and being careful that you only pass when it is safe to do so. Remember the saying, "If you ate today, thank a farmer!"

May Rainfall Totals (in)			
	2023	2022	2021
<b>Cooks Hammock</b>	3.13	3.72	1.73
<b>Mallory Swamp</b>	2.9	3.56	2.11
<b>Midway Tower</b>	2.52	3.25	1.13

## 4-H Community Club Day

Emily Beach

Community Club was all about moms for the Cloverbuds! Mrs. Leah taught them how to use shrink paper to make a personalized keychain for their moms for a lifetime keepsake. They also made cards to give to their moms on Mothers Day. After that, they joined in the Community Club 4-Hers and potted ferns to take home and care for them over the summer. All of the members learned about how to properly care for ferns and learned that that is a responsibility that can help keep them busy this summer. The ferns were donated by Mrs. Cindy McCray- we appreciate the contribution!



# Archery Club Wraps Up For The Year

Emily Beach

Archery was the last club of the school year, but it was a great ending as the members were able to really showcase all of the skill that they have developed over the year with the bow and arrow as well as the hatchet. Both of these activities teach lessons about precision and accuracy and that movements and methods play a huge role in achieving both of those goals- being precise and accurate. We would like to thank Mr. Charles Cooper for coming each month to teach the members the skill of hatchet throwing as it took great patience!



Safety first has been the rule at all times this year when practicing hatchet throwing and archery: Youth demonstrate those skill in both pictures above.



Hatchet throwing was new to Lafayette 4-H this year. Pictured above are proud throwers showing their accomplishments.