

Growing a Salad

Soil for Starting Seeds



UF | IFAS Extension
UNIVERSITY of FLORIDA





Seed Starting Soil Mixes

- **Fine textured**
- **Well drained that holds some moisture**
- **No fertilizer needed for seed starting**

You are able to purchase a commercial seed starting mix or make your own at home.

Commercial seed starting mixes will often be a combination of peat moss and perlite.

Moisten well before starting seeds.



Make your own seed mix.

1:1 Peat moss/Perlite

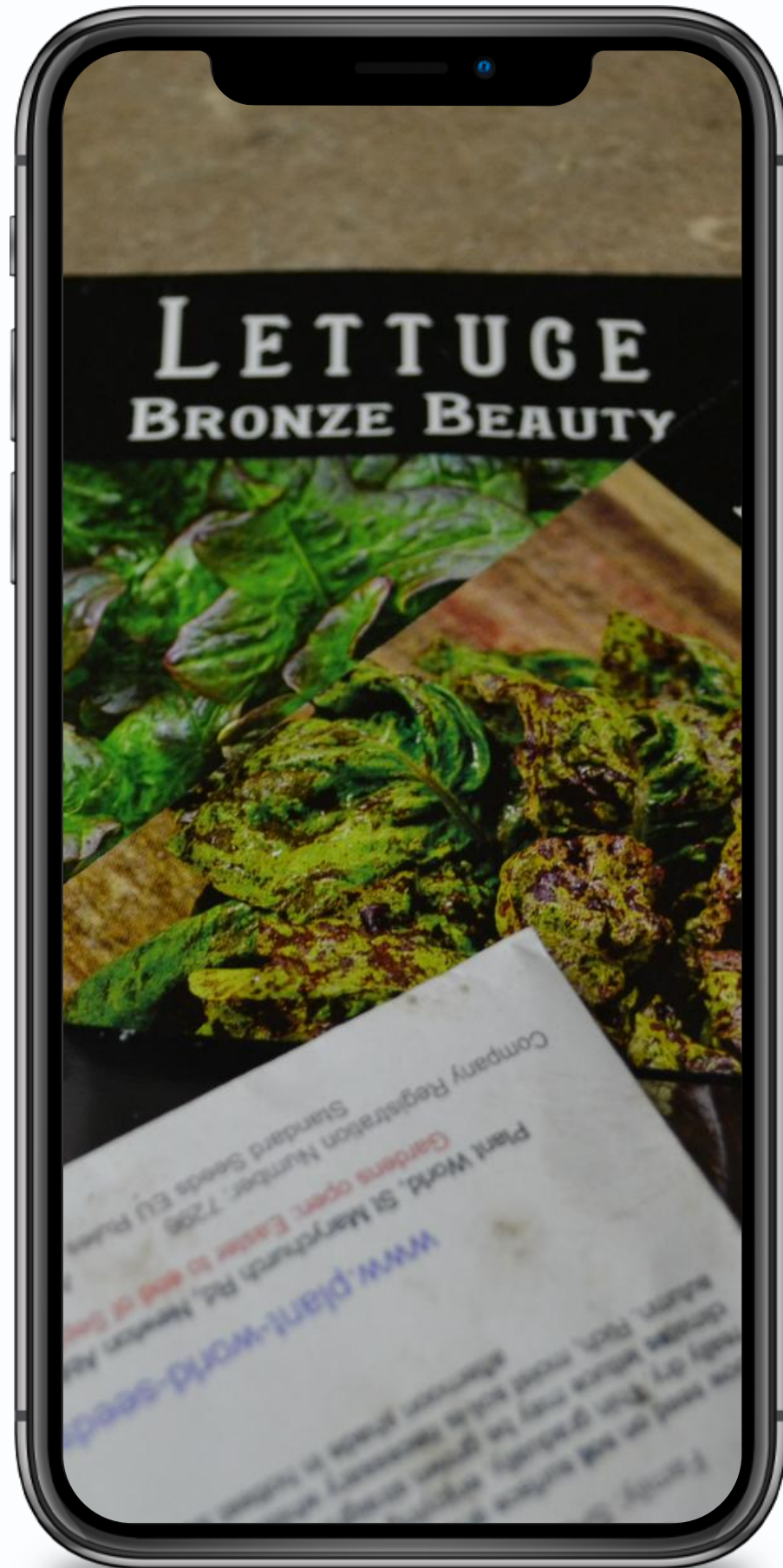
1:1:1 Screened
compost/Peat
moss/Perlite



Screened
compost



Moisten your soil mixes well and then you are ready to start your seeds.



VIEW OUR NEXT SEGMENT ON STARTING SEEDS IN CONTAINERS

[Escambia Extension YouTube](#)

[Handout Version](#)

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