EFNEP IN ESCAMBIA COUNTY by the numbers

NEED



OUT 6 FAMILIES WITH CHILDREN LIVE IN POVERTY.

POOR HEALTH DISPROPORTIONALLY AFFECTS MINORITY FAMILIES.



IMPACT

EFNEP participants report belonging to an ethnic or racial minority group.

43%

do not meet physical activity recommendations



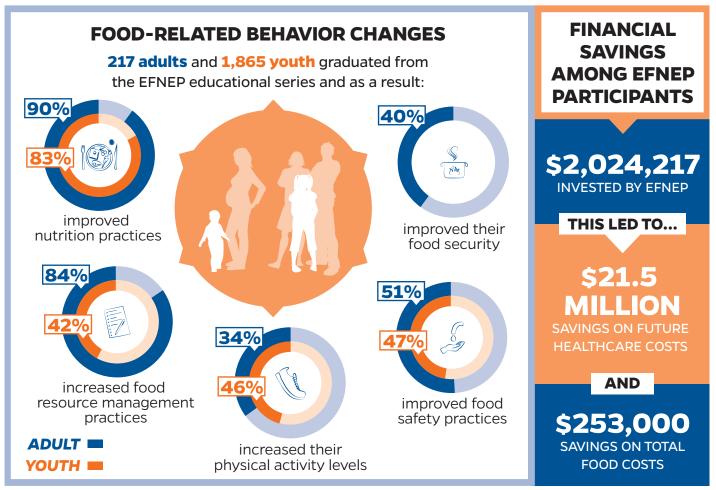
eat fewer than five fruits and veggies per day



are overweight or obese

LOW-INCOME FAMILIES HAVE A HIGHER RISK FOR DEVELOPING NUTRITION-RELATED DISEASES.

5% EFNEP participants report earning an income that fell below the federal poverty level.



Radhika, R. et al. 2002. "Cost-Benefit Analysis Indicates the Positive Economic Benefits of the Expanded Food and Nutrition Education Program Related to Chronic Disease Prevention." Journal of Nutrition Education and Behavior 32(2): 6-37. http://www.floridacharts.com https://aspe.hhs.gov/poverty-guidelines

F IFAS Extension UNIVERSITY of FLORIDA

